# SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY SAULT STE. MARIE, ONTARIO



# **COURSE OUTLINE**

**COURSE TITLE**: Introduction to Addictions

**CODE NO.**: HSC204 **SEMESTER**: Various

**PROGRAM:** CHILD & YOUTH WORKER, SOCIAL SERVICES WORKER,

**GENERAL ARTS & SCIENCE** 

**AUTHOR:** JEFF ARBUS AND BETTY PARR

**DATE**: May 2011 **PREVIOUS OUTLINE DATED**: May 2010

APPROVED:

CHAIR, COMMUNITY SERVICES DATE

TOTAL CREDITS: 4

PREREQUISITE(S): N/A

LENGTH OF

COURSE: 3 HRS/WEEK

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# I. COURSE DESCRIPTION:

This course will review research in the origin and appearance of addiction of various kinds. The course will introduce the student to the impact of addiction to drugs, alcohol and lifestyle, including gambling. Studies will include the effects and cost of addictive behaviour on the individual, the family, the workplace, and society generally. Current research related to prevention and treatment will be introduced.

# II. LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Develop an understanding of addictions as an individual and social problem.

# **Elements of the Performance**

- name and describe addictions to various substances and behaviours
- gain awareness of side effects
- compare theories of addictions
- identify the impact of addictions on the individual, the family, the workplace, and society generally
- 2. Describe effective intervention strategies which meet the needs and goals of children, youth, families, and relevant others.

#### **Elements of the Performance**

- Gain awareness of various intervention strategies
- describe a format for intervention
- 3. Identify and use professional development resources and activities to promote professional growth

# **Elements of the Performance**

- demonstrate awareness of relevant professional literature
- demonstrate awareness of relevant research sources on the Internet
- demonstrate awareness of community agencies mandated to respond to addictions
- 4. Communicate effectively in oral, written and nonverbal forms to enhance the quality of service.

#### **Elements of the Performance**

- submit reports in clearly written and typed format
- demonstrate use of APA reporting style/format

# III. TOPICS:

- 1. Alcohol
- 2. Barbiturates/Benzodiazepines
- 3. Stimulants/Opiates
- 4. Antipsychotic Drugs/Antidepressants/Mood Stabilizers
- 5. Cannabis/Hallucinogens
- 6. Inhalants
- 7. Nicotine
- 8. Dependence/Addiction
- 9. Effects of Genetics/Family/Society
- 10. Gambling Addiction
- 11. Theories of Addictions
- 12. Special Populations
- 13. Effective Prevention Strategies
- 14. Effective Assessment Strategies
- 15. Effective Intervention Strategies

# IV. REQUIRED RESOURCES/TEXTS/MATERIALS

# **Provided by the College:**

Relevant handouts, films and videos

# **Provided by the Student:**

Text: Levinthal, Charles, F. <u>Drugs, Behaviour and Modern Society</u>. (7<sup>th</sup> ed.). Toronto: Allyn & Bacon.

**Buddy System:** Please establish liaison with an HSC2040 student and get their contact number to correspond and communicate course material, notes, handouts, test dates, course changes, assignments, etc.

**Calendar:** Mark in important dates, exams, and assignments. Dates are tentative. Please keep in touch with any changes.

# V. EVALUATION PROCESS/GRADING SYSTEM:

A final grade will be derived from the following:

Brochure (1)	15%
Article Review or	
Oral Presentation of	
Article Review	15%
Participation	15%
Test #1	20%
Test #2	15%
Test #3	20%
Total	100%

#### Article Review (1 or 2):

Each review will involve at least 1 professional articles of information from reliable sources such as professional journals, reputable articles from the internet, magazines or books, etc. on issues related to addictions. Articles must be current (no earlier than 2000). The review should be written APA style and proper spelling and grammar are required. The paper should be typed and approximately 2 pages in length (double spacing is required). Proper format will be discussed in class with examples.

All papers are due on dates that will be established with the class. Lates (other than substantiated emergencies) will be docked **5 marks per day late** (ie. overnight).

Any emergencies in handing in assignments, performing orals, or writing tests on due dates must be discussed in person or notification made to the instructor by voice mail. Failure to notify the instructor (ext 2564) on or before the date will result in a zero grade for tests or orals.

STUDENTS ARE REQUIRED TO KEEP A COPY OF ALL ASSIGNMENTS SUBMITTED TO THE INSTRUCTOR.

#### **Oral Presentation of Article Review:**

Students are required to report the findings of one of their article reviews. They are encouraged to utilize handouts, activities, overheads, blackboards, or discussion with the class during their presentations. Presentations should be 3 to 6 minutes in length if presented by one or two persons. 9 to 12 minutes in length for 3 or 4 persons. There should be no more than 4 persons in a group. Topics for presentations need to be discussed with professor before research is done so there is no duplication of topics for the presentations. Those presenting in a group will need to discuss their own article but it will be on the same topic area. Ie. Cocaine: 1. Effects 2. History 3. Treatment

**Brochure:** Will be two pages (back to back). Information contained in brochure should cover: 1. History of drug 2. effects of a drug 3. Side effects of a drug 4. Treatment. Sources used should be listed at end of brochure APA style. Correct spelling and grammar is used. Can be in point form were appropriate. (ie. Effects of a drug)

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	Grade Point <u>Equivalent</u>
A+ A	90 – 100% 80 – 89%	4.00
В	70 - 79%	3.00
С	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00

CR (Credit) Credit for diploma requirements has been awarded.

S	Satisfactory achievement in field /clinical placement or non-graded subject area.
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course without academic penalty.

**Note:** For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

#### VI. SPECIAL NOTES:

#### Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

It is the departmental policy that once the classroom door has been closed, the learning process has begun. Late arrivers will not be granted admission to the room.

# VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located on the portal form part of this course outline.